

Announcing
THE NORTH U INTERCOLLEGIATE MATCH RACING CLINIC
SEPTEMBER 16-17, 2017

Hosted by Stanford University
at the Stanford Rowing & Sailing Center
Redwood City, California



NOTICE OF CLINIC

This Clinic will be coached by Dave Perry, Chairman of the US Sailing Match Racing Committee, a coach for the 2009-2012 US Women's Olympic Match Racing effort, and five-time U.S. National Match Racing champion.

Dave will coach the tactics and strategies needed to be competitive and successful in Match Racing on the National level, including the Pre-Start, Upwind and Downwind Tactics, and Killing Penalties. On the water, Dave will run the sailors through all the scenarios, with on-the-spot feedback, and video replay after sailing. In addition, he will give much instruction and feedback on how to handle and sail an Ideal 18 fast.

Dave will also go over the new rules for Match Racing (which are the 2016 Test Rules), which will be used at the 2017 ICSA Match Race Nationals, and which create many significant game changes.

ICSA rule on Competition Weekends: The ICSA Procedural Rules (PR Appendix A) limits schools to 20 “competition weekends” in the 2017-2018 school year. The ICSA Executive Committee decided, at its May 22, 2017, meeting, that this clinic will be an exception to this rule, as permitted under PR Appendix A1(b)(ix), and therefore it will **not** count as one of a school’s 20 “competition weekends” in 2017-2018.

TARGET SAILORS: The clinic is for sailors racing on a collegiate sailing team as of the Fall of 2016 who are interested in learning more about match racing in small keelboats, and in raising their sailing skill level.

HOST: The Stanford University Rowing & Sailing Center in Redwood City near San Francisco (fly into the San Francisco International Airport (SFO)). 300 Cardinal Way, Redwood City, CA 94063 (650) 736-1840

MAXIMUM NUMBER OF TEAMS: The Clinic will be capped at **8 teams**. **Invitations to the Clinic will be based on a first come – first serve basis.** See information on how to request an invitation below. One team per school, unless the clinic is not filled as of September 1, 2017.

TO REQUEST AN INVITATION: To request an invitation, email John Vandemoer (email below). John will try to respond to emails within one week. If you have not heard back from John within a week, please assume he did not receive your email, check the correctness of the email address and send it again. If you do not hear back within a couple of days, give him a call.

TEAMS: Teams should be three (3) sailors. It is fine to bring four (4) and rotate them in. There is no weight or gender rule for the clinic. Each participating team's coach is welcomed as well.

BOATS: The boats used will be Ideal 18's (traditional main, jib and spinnaker set-up).

ENTRY FEE: \$25 per person (cash or check made out to "Stanford University" – no credit cards). This includes the coaching, the North U Match Racing Playbook, edition 4, dinner Saturday night, and a light breakfast spread and snacks Saturday and Sunday.

Damage deposit: \$250 per team (cash or check made out to "Stanford University" – no credit cards)

SCHEDULE:

Saturday, September 16 - 9:30am – 9:00pm

Sunday, September 17 - 9:30am - 4:00pm

MEALS/WATER: Dinner Saturday evening will be a group dinner (included in the entry fee). Participants are responsible for bringing their own lunches and water.

ACCOMMODATION: Participants are responsible for arranging their own accommodations. Here are some suggestions:

Sofitel – Redwood city - Close to venue, luxury hotel great weekend rates: <http://www.sofitel.com/gb/hotel-0922-sofitel-san-francisco-bay/index.shtml>

Towne Place Suites Marriott - Good big suites with kitchen
<http://www.marriott.com/hotels/travel/sforw-towneplace-suites-redwood-city-redwood-shores/>

Holiday Inn Express -
https://www.ihg.com/holidayinnexpress/hotels/us/en/redwood-city/rwcca/hoteldetail?cm_mmc=GoogleMaps-_-EX-_-USA-_-RWCCA

Redwood Creek Inn - Good cheap option
<http://www.redwoodcreekinn.com>

FOR MORE INFORMATION:

John Vandemoer
Head Coach, Sailing
Stanford University
vandemoer@stanford.edu
650.387.2674

Dave Perry
davperry@optonline.net
203.255.8645