

Announcing
THE NORTH U MATCH RACING CLINIC
September 8-10, 2017

**Hosted by the University of Washington Sailing Team and the Seattle Yacht Club
at the Seattle Yacht Club
Seattle, Washington**



NOTICE OF CLINIC

This Clinic will be coached by Dave Perry, Chairman of the US Sailing Match Racing Committee, a coach for the 2009-2012 US Women's Olympic Match Racing effort, and five-time U.S. National Match Racing champion.

Dave will coach the tactics and strategies needed to be competitive and successful in Match Racing on the National level, including the Pre-Start, Upwind and Downwind Tactics, and Killing Penalties. On the water, Dave will run the sailors through all the scenarios, with on-the-spot feedback, and video replay after sailing. In addition, he will give much instruction and feedback on how to handle and sail a J/22 fast.

Dave will also go over the new rules for match racing (which are the same as the “2016 Test Rules for Match Racing”) which will be used at the 2017 ICSA Match Race Nationals, and which create many significant game changes.

TARGET SAILORS: The clinic is for all sailors interested in learning more about match racing in small keelboats and in raising their sailing skill level. This clinic is very appropriate for current college sailors interested in match racing.

ICSA rule on Competition Weekends: The ICSA Procedural Rules (PR Appendix A) limits schools to 20 “competition weekends” in the 2017-2018 school year. The ICSA Executive Committee decided, at its May 22, 2017, meeting, that this clinic will be an exception to this rule, as permitted under PR Appendix A1(b)(ix), and therefore it will *not* count as one of a school’s 20 “competition weekends” in 2017-2018.

MAXIMUM NUMBER OF TEAMS: The Clinic will be capped at **8 teams**. Invitations to the Clinic will be based on a first come – first serve basis. College teams will have first preference until August 20, 2017. See information on how to request an invitation below.

TO REQUEST AN INVITATION: To request an invitation, email Audrey Jacobs. Audrey will respond to emails within one week. If you have not heard back from Audrey within a week, please assume she did not receive your email, check the correctness of the email address and send it again.

TEAMS: Teams should be 3 or 4 sailors. There is no weight or gender rule for the clinic, but teams are reminded that at the ICSA Match Race Nationals, teams will be 3 or 4 people with a 660 pound weight limit, and each team is required to have at least one female on the team. Each participating team’s coach is welcomed as well.

BOATS: The boats used will be J/22’s.

ENTRY FEE: \$60 per person (cash or check made out to “UW Sailing”) No credit cards. This includes the coaching, the 4th edition of the North U Match Racing Playbook (updated to the new rules), and dinner Friday and Saturday night.

Damage deposit: \$500 per team (cash or check made out to “Seattle Yacht Club”) No credit cards.

SCHEDULE:

Friday, September 8

3:00 – 5:30 – practice sailing with coaching
6:15 - Dinner at Seattle Yacht Club
7:00 – 9:00 – Opening Presentation

Saturday, September 9 - 9:00am – 9:00pm

Sunday, September 10 - 9:00am - 4:00pm

MEALS/WATER: Dinner Friday and Saturday evening will be a group dinner (included in the entry fee). Participants are responsible for bringing their own lunches and water.

ACCOMMODATION: Participants are responsible for arranging their own accommodations. For assistance with housing, contact Audrey Jacobs (info below)

FOR MORE INFORMATION:

Audrey Jacobs
UW Sailing Team, Captain
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Dave Perry
Clinic Director
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