

Welcome to Match Racing Clinics

Host a Clinic

As part of a promotion of match racing, North U is organizing a series of *Welcome to Match Racing* clinics in North America. North U's domestic series parallels WIMRA's world-wide schedule of clinics. The clinics are open to all sailors and will be offered through select clubs and fleets across the country. Since 2007 clinics have been held on five continents.

Curriculum

The Match Racing Clinic Curriculum was created by Dave Perry (3X US Nat'l Champion), Liz Baylis (WIMRA) and Bill Gladstone (North U). The course is targeted to racing sailors. Prior match racing experience is not required. Four day, three day, and two day *plus* formats (one evening followed by 2 full days) are available. Sailors learn all about Match Racing: entry, dial-ups, circling, lead/push, the hook, shift right, and a slew of other match racing tactics and techniques. Dave Perry's new *North U Match Racing Playbook* and the Henry Menin/ John Cutler *Match Racing Book-on-CD* are provided for all students.

Host Requirements

- Boats: 4 or more, ideally, 20-27 foot keelboats (crew of 3-5)
- Chase boats, buoys, flags.
- Classroom with screen and magnetic board
- Promotional assistance. (Help spread the word!)

Fees

The fee per student is the sum of the Clinic Fee (set by North U) plus any Host Fee you set (to cover use of boats, fuel, meals and personnel, etc.). If required, you can collect a damage deposit from the skippers on site.

Registration

Participants sign up individually or as a full (or partial) crew at www.NorthU.com or by calling North U at 203 245 0727.

How to Proceed

We are scheduling now. Let us know if you are interested and if possible, offer a selection of dates. Please don't hesitate to call or write with questions.

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Brazil Clinic Participants



Racing at the New York Clinic



Snapshot from Curriculum Video



Menin Cutler CD and Perry Playbook

North U.